

ShareCare™ of Leelanau, Inc. *Connector*

Jan-Feb 2012 →



Neighbors helping neighbors—Promoting independent living in members' homes.

231-256-0221

7401 E Duck Lake Rd. #600
Lake Leelanau, MI 49653

info@sharecareleelanau.org
www.sharecareleelanau.org
MONDAY-FRIDAY · 9:00AM to 4:30PM

The mission of ShareCare is for members to achieve the highest quality of life and independence attainable in their own homes for as long as possible.

Everyone involved with ShareCare is requested to respect all aspects of confidentiality whether they are personal, medical, or financial.

WE'VE MOVED!

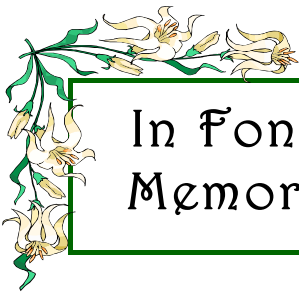
New Address:

*7401 E Duck Lake Rd, Suite 600
Lake Leelanau, MI 49653*

New Phones:

*231-256-0221
231-256-0231*

We'll have a grand opening this spring, but in the mean time be sure to visit us at our new office in the Connie Binsfeld Building! It's in the same place as the Health Department, behind the VFW, not the Government Center.



In Fond
Memory

Jeanne Wise
Leland



WE NEED YOU
Please Volunteer to Drive!

CALL THE SHARECARE OFFICE IF
YOU'RE READY TO VOLUNTEER!

YOU DID IT AGAIN!
With your donated jams and jewelry, scarves and necklaces, pickles and photo cards, and everything else wonderful, the Merry Marketplace and Best for Kids were again successful! We had a terrific location in both bazaars, and our booths were wonderfully furnished. It was evident that a lot of hard work had gone into the goods you donated for us to sell.
This year we had more volunteers than ever running the booths and cleaning up after the sales. It made for an easy job for everyone involved.
Your efforts didn't go unrewarded, as our proceeds were more than \$2000! This goes a long way in supporting our efforts to help our members live safely and independently in their own homes for as long as possible. A huge thank you goes out to ALL who helped!



Welcome New Members!

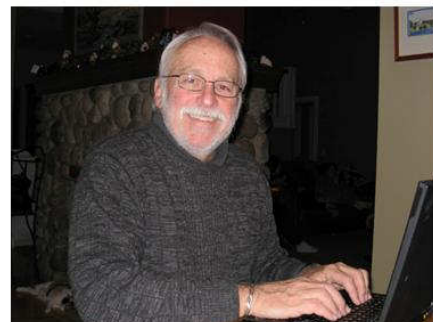
*Mary Ann and Reuben Chapman—Empire
Darlene and Robert Doorlag—Lake Leelanau
Kathleen and Kevin Seitz—Maple City
Mary and Robert Brown—Leland
Sandi and Robert Olson—Northport
Flora and Stewart Newblatt—Glen Arbor*

Having trouble with that PC of yours?

Contact: **Steve Stanton**

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computer
repair

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ssstanton@gmail.com

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After the first of the year, seniors receive a 25% discount on services, a program funded by the Commission on Aging.

NORTHPORT HIGHLANDS



With a bittersweet move away from the place ShareCare has called home for the last five years, we'd be remiss to not pay tribute to Northport Highlands. Mike McCarthy, owner of the Highlands, "inherited" ShareCare with his purchase of what used to be Tendercare. When construction was getting underway for the assisted living facility part of their retirement village in October 2006, Mr. McCarthy let ShareCare move to the old hospital administration building, where Anne and Deb have been comfortably housed ever since.

Mr. McCarthy's generosity has made a huge financial difference for us over the years and we express our thanks and gratitude for providing us with office space and everything associated with it, plus the use of their conference room. We're looking forward to continued collaboration with Northport Highlands as we share a number of the same clients.

2011 Volunteer Stats

According to the Independent Sector, a leadership forum for charities, foundations, and corporate giving programs, the estimated hour value of a volunteer's time in 2010 was **\$21.36**. In 2011, ShareCare volunteers reported 1389 hours, which means that our volunteers' time for last year was valued at a whopping **\$29,669.04!** Worth mentioning too, is that ShareCare members do so much for each other that goes unreported that this number is for certain, a gross underestimation. Nor does it account for the countless hours members spent making goods for ShareCare to sell at the holiday craft sales.

Volunteers, please know that you are hugely important to serving our members well, and we express gratitude and thanks for all you do.

By the Numbers:

Job Assignments:

- read to a member
- retrieved a dumpster from a ditch
- drove a member to church
- fixed a running toilet
- cleaned eaves
- Driver miles: 13148
- Driver-of the Day: 795 hours
- Friendly visitors: 130 hours
- Respite care: 71 hours
- assembled bean soup packets
- visited members
- delivered equipment
- moved furniture
- Meal: 102 hours
- Handyman: 71 hours
- Lawn care: 12 hours
- Office help: 208 hours

- fixed a leaky window
- helped with spring and fall clean up
- installed grab bars
- provided respite
- picked up and delivered groceries
- installed a mailbox
- prepared and delivered meals
- picked up and delivered prescriptions
- sat on the ShareCare Board
- installed a new light fixture
- covered the office for Deb
- provided goods to sell at the annual bazaars
- raked gravel
- drove people to appointments
- planted raspberry bushes
- drove people to social functions
- helped a member prepare to move
- fixed a member's phone
- changed light bulbs

Volunteer hours for SC's Directors (906 hrs=\$19,352.16) reflect our great fortune in having a very dedicated group of member volunteers working toward the long-term success of the organization.

THANK YOU SHARECARE VOLUNTEERS

How's this for impressive: In 2011, **190** volunteers gave their time and energy to help ShareCare members fulfill their dream of remaining in their own homes as they age. It's not always easy, but with the support of so many great volunteers it becomes possible. Speaking on behalf of every member who benefitted from a volunteer's kindness during the past year, I give a HUGE, filled-with-gratitude, thank you!

Volunteerism is an extremely generous gift, for which everyone deserves recognition. PLEASE let me know if I've missed you this year! If for no other reason, I'd be *'forced'* to write an article for the March-April Connector, to again sing our volunteers' praises! —Deb Wetherbee

Adele Cermak	David Hunter	Joan Kareck	Nancy Hunter	Sandi Olson
Alison Heins	David Mathia	Joan Post-Brown	Nancy Stewart	Sarah Shoemaker
Alix Mikesell	Deb Wetherbee	JoAnne McCallum	Nancy Tefertiller	Sharon Golm
Andy Gerben	Deborah Smith	John Cermak	Nick Sica	Sheila Garrett
Angela Wills	Delcie White	John Condor	Pat Vingsness	Sheila Kain
Anita Abbott	Diane Anderson	John Dumala, Jr.	Patty Noftz	Sherri Kantor
Ann Hotchkiss	Dick Dickinson	John Kain	Paul Hallstedt	Sherrie Hardie
Ann Nichols	Dick Wilson	John Kutilek	Pauline McClure	Sherry Koenig
Anne Bogley	Dorothy Schobel	John Todd	Peg Meeker	Steve Gilbreath
Anne Kelly	Dottie Bergman	John VanRaalte	Pete Bidlingmeyer	Stu Mulligan
Annette Deibel	Ed Porter	Judy Egeler	Philip Thomas	Susan Ager
Arloa Edwards	Ellen Pisor	Judy Frederick	Phillip Mikesell	Susan Cady
Barb Vilter	Ethel Wills	Judy Pohlod	Porter Abbott	Susan Workman
Barbara Abbott	Faye Mathia	Judy Walter	Randy Brown	Susan Lang
Barbara Coye	Frank Mispilon	Julia Brabenec	Richard Koenig	Suzanne Hoff
Barbara Klein	Gail Fox	Julie Krist	Richard Lang	Suzanne Hoffman
Barbara Marsh	Gaytha McVay	Kalin Johnson	Rick Halbert	Suzanne Landes
Ben Tefertiller	Gearly Hoffman	Karl Marsh	Robert Krist	Suzie Mulligan
Berniece Hallstedt	Gene Hadjisky	Kathie Carrick	Robert Miller	Tom Evans
Beth Dumala	George Wills	Kathy Smith	Robert Olson	Tom Hackney
Betsy Wilson	Harry Nichols	Kathy Turner	Bob Schwartzenger	Tom Wetherbee
Betty Elliott	Helen Sica	Keith Ashley	Robert Turner	Vickie Mileski
Bev Almquist	Henrietta Barnes	Kent Holton	Roger Ehle	Vina Mikesell
Bill Emerson	Hugh Brown	Kent Shoemaker	Ruth Ann Smith	Virginia Thomas
Bill Fuertges	James Fenton	Kim Todd	Ruth Brown	Will Thomas
Bill Hoff	Jan Emerson	Kit Whalen	Sam Stewart	William Wise
Bill Klein	Jan Wander	Larry Coppard		
Bill Muempfer	Jane Evans	Larry Hauser		
Bob Cowger	Jane Keen	Lee Carrick		
Bob Grabowski	Jane Miller	Lee Foerster		
Cara Lee Paige	Janet Dickerson	Lin Emmert		
Carol Bawden	Janet Whetsel	Lyn Motlow		
Charlotte Read	Jay Littell	Maggie Muempfer		
Chris Halbert	Jean Heerema	Marilyn Steel		
Chris Hufford	Jeannie Muir	Marlis Mann		
Christi Bardenhagen	Jennifer Allen	Mary Fleishman		
Chuck Cady	Jennifer Collins	Mary Lyons		
Chuck Whetsel	Jerry Bergman	Mary Scott		
Cliff Egeler	Jerry Schatz	Mary Tonneberger		
Clix Heerema	Jill McFarlane	Maryellen Hadjisky		
Conrad Heins	Jim Kareck	Merrill Almquist		
Dale Blount	Jim Landes	Merry Ball		
Danielle Vachow	Jim Miller	Michelle Racich		
Darlene Hackney	Jim Rogers	Mike Wilson		
Dave Brown	Jim Vachow	Molly Harrison		
Dave Pohlod	Jo Anne Gerben	Nancy Hunt		

Cold & Flu Season

—Anne Kelly, RN, BSN



HANDWASHING IS THE SINGLE MOST IMPORTANT WAY TO PREVENT THE SPREAD OF GERMS!

Other measures to help you stay healthy include:

- Get plenty of rest. A 2009 study showed that people who on average got less than 7 hrs. of sleep a night were 3 times as likely to get sick than those who slept an average of 8 hours a night..
- Help manage stress with regular exercise.
- Eat a balance diet, with at least 5 servings of fruits and vegetables a day, especially dark and brightly colored ones.

Deadline for articles in the next Connector: Feb 15