



May-June 2011

ShareCare™ of Leelanau Inc. *Connector*

Neighbors helping neighbors—Promoting independent living in members' homes.

231-386-2273 (CARE)
POB 153 · 211 S. HIGH STREET
NORTHPORT, MICHIGAN 49670

info@sharecareleelanau.org
www.sharecareleelanau.org
MONDAY-FRIDAY · 9:00AM to 4:30PM

The mission of ShareCare is for members to achieve the highest quality of life and independence attainable in their own homes for as long as possible.

ShareCare promotes confidentiality in all matters of privacy. Everyone involved with the organization is requested to respect all aspects of confidentiality whether they are personal, medical, or financial.

Join us for ShareCare's 18th Annual Meeting & Luncheon Tuesday, May 10, 2011 at the Bluebird in Leland

Cost: SC members \$12—Guests free
10:30 Coffee & Registration
11:00 Business meeting:
• New Board Directors
• Planned Giving Presentation
• Volunteer Recognition
• Sherri Fenton-Traverse Health Clinic*
12:00 Lunch

FOR RESERVATIONS: 386-2273
Please RSVP May 5th. Be sure to let us know if you need a ride!

This is the perfect occasion to invite new neighbors and old friends to learn about ShareCare. Guest meals are on ShareCare, and we welcome the opportunity to show your friends how much we have to offer, both in providing services to members or rewarding opportunities for volunteers!

We hope to see you there!

Homebound Delivery Service



The Suttons Bay Bingham District Library has a new service for homebound people who are unable to access the library facility in person.

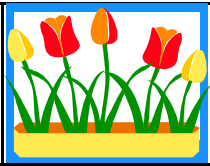
This program allows patrons to have materials selected and delivered on a monthly basis. Home delivery is available to Suttons Bay and Bingham Township

and Suttons Bay Village residents, who have, or are eligible for a library card. For more information, please call the library at 271-3512 or email librarian@suttonsbaylibrary.org. Funding provided in part by the LCCOA.

*Traverse Health Clinic

The Traverse Health Clinic, a community based, non-profit, 501(c)3 organization, serves the health care needs of the uninsured and underinsured adult residents in Benzie, Grand Traverse and Leelanau counties. Through the strong collaboration and donations of care from area providers, the clinic touches the lives of about 2,300 adults every month. To benefit from their services or to see how you can help, please call (231) 935-0799 or toll free (866) 482-6987.





Welcome New Member!

Amy Chatfield—Leland

Older American Expo

- Tuesday, June 21, 2011
- Suttons Bay High School
- 10:00AM-2:00PM
- More than 120 booths!
- Door prizes through out the day
- Lunch served at 1:00 by volunteers from the Leelanau County Sheriff's Department
- Sponsored by the Commission on Aging
- For more information: 256-8121

Come! Gather Info! Eat!

Office Hours & Emergencies

The SC office is open, with an RN available weekdays, except for holidays, from 9:00AM to 4:30PM.

While **9-1-1 should be your first call in an emergency**, it is also the number to call after hours for any medically related issue. Dispatchers are trained to quickly assess a situation and to respond with an appropriate level of services.

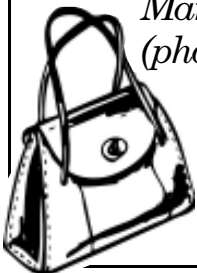
Helpful Tips:

- Post your address at the end of your driveway
- Have your address and phone number by the phone
- Have ready a list of current medications
- Have a Medical Awareness form on file with Emergency Management. Deb has forms available.

Merry Market in May!

If you were sorry to have missed the Merry Marketplace in December, you're in luck!

Many wonderful hand crafted items (photo cards, knitting, jewelry...) will be for sale at the Annual Meeting. Be sure to bring your pocket-book—you won't want to miss this sale too!



Share your expertise—

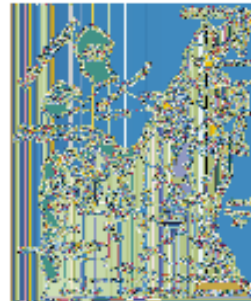
ShareCare is looking for members to participate on the following committees:

• Transportation

This committee helps guide the organization on transportation issues important to keeping members and volunteers as safe and the program as effective as possible. They typically attend one or two meetings a year. E-mail lshauser@aol.com if you are interested or would like more information.

• Volunteer

ShareCare is divided into four regions, based on school districts. Each region has a pair of Co-Captains who act as intermediaries between Share Care and members in their regions. They are the eyes and ears of the organization, helping to schedule Drivers-of-the-Day and coordinating other services such as meal deliveries and friendly visits.



Several Co-Captains in Leland, Suttons Bay, and Southwest County regions are hoping to retire. Being a Co-Captain typically is not a lot of work, but it is a hugely vital role to Share-

Care and its mission. The Volunteer Committee meets two or three times a year. Call Deb (386-2273) or e-mail info@sharecareleelanau.org for more information.

The members of both committees are members “at large” and not expected to attend Board meetings.

Deadline for articles in the next Connector: June 13

Paid Advertisement

LAW OFFICE

WILLIAM F. HENDRY III Attorney at Law

- Wills
- Trusts
- Probate

106 Waukazoo Street
Post Office Box 392
Northport, MI 49670

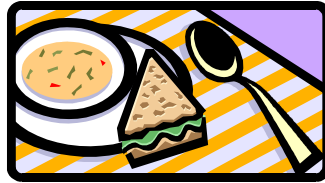
231-386-9600

wfhlaw@sbcglobal.net

Like a good neighbor...

ShareCare, neighbor helping neighbor and like a good neighbor ShareCare was there when I needed help. A recent illness put me in a position a lot of us hope not to be in, that of asking for help. The illness was one from which I would recover, but a timely recovery would be slowed had I tried to tough it out on my own. I had to mentally accept that I needed to make that call, 386-2273, or have someone do it for me.

What a comfort to hear both Deb and Anne's reassuring voices. Before the question is even asked, there it is, what do you need? I did not need a lot,



but eating properly is an essential aid to regaining strength and energy. What a good feeling it was when hot nourishing meals arrived from several dedicated volunteers committed to filling that need to ShareCare members when necessary. Plus, Anne kept in touch with professional care and advice.

To all, I thank you and urge other members to make that call or have someone do it for you. If I may, as members like me age and face the possibility of needing more help than we can give, we look to younger members to fill the void by joining a most important force of the organization, become a volunteer. That is an easy phone call to make!

—Pauline McClure

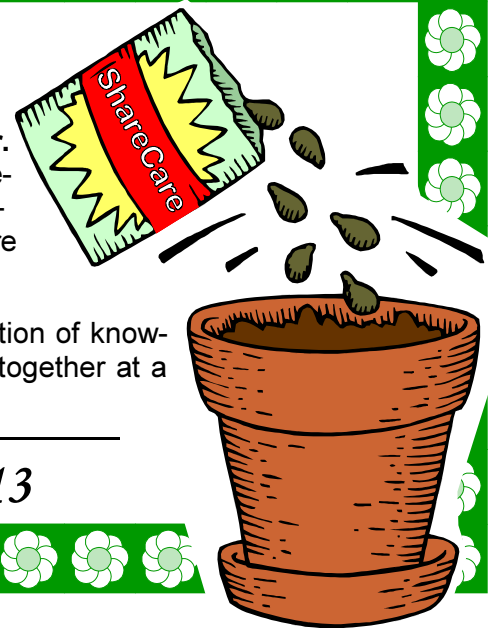


April Showers Bring May Flowers

...and ShareCare volunteers ready to help you get ready for summer. Volunteers will do projects such as taking lawn furniture out of storage, removing storm windows, trimming bushes, sweeping garage floors, or getting canoes to the lake. You name it, and within reason, the volunteers are ready to do it! If **you'd like help**, please call the office: 386-2273.

Last year's volunteers had a great time! Besides having the satisfaction of knowing they'd made a difference in members' lives, they enjoyed lunch together at a local restaurant. Please call the office if you **would like to volunteer**.

Thursday, May 12 and Friday, May 13



ShareCare Policy Changes—February 11, 2011

MEMBERSHIP INFORMATION TO THE PUBLIC: All ShareCare membership information, including the membership list, is considered to be confidential and shall only be released to outside parties after majority approval by the Board of Directors. It may not be used for commercial purposes.

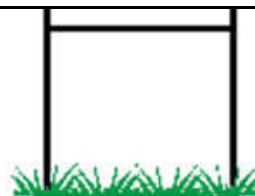
PUBLIC RELATIONS: To ensure that all information released to the public about ShareCare is accurate and consistent, the President or her/his designee shall approve its release.

ShareCare
Neighbors
Helping Neighbors
www.sharecareleelanau.org

Show Your Care!

Signs are available for display in your yard. Not only does your \$10 donation help fund the project, showing support for our terrific organization is the best advertising we can get!

Call Deb for more info or plan to purchase one at the Annual Meeting on Tuesday, May 10th.



Transportation Notes—Larry Hauser, Chair

ShareCare Driver-of-the-Day drivers are required to take a driving safety course. We recommend an AARP course specifically aimed at drivers of a certain age (ours). Long time drivers have until October 31, 2011 to complete this requirement. Newer drivers have three years from their inception dates. This inexpensive course aims to improve your driving skills; make you more aware of age-related issues that may affect your driving ability; and maybe even earn you a discount from your insurance company. (My wife and I save 5% on Bodily Injury, Property Damage, Personal Injury Protection, and Collision since completing the AARP course.) Upon request, ShareCare reimburses its volunteer drivers for the cost of this class.

Locally, AARP Driver Safety Classes are offered monthly at the Grand Traverse County Commission on Aging office, 520 W. Front Street, Traverse City. All classes are Thursday and Friday, from



8:30 a.m. to 12:30 a.m. Phone 231-922-4688 to reserve a place. Seating is limited. Offering dates:

- May 19 & 20
- June 23 & 24
- July 21 & 22
- August 25 & 26
- September 22 & 23
- October 20 & 21

To take the course online, start by going to <http://www.aarpdriversafety.org>. ShareCare would be glad to host a class at the Government Center in Suttons Bay if people express interest. Please let the office know if you'd attend a class if we scheduled one.

Question: What is the recommended procedure before proceeding into an intersection?

- A) Look right, then left, then right again.
- B) Look left, then right, then left again.
- C) It makes no difference how you do it, as long as you always look both ways.
- D) If the intersecting street is one-way, it is only necessary to look one-way, in the direction from which traffic, if any, would be coming.

Tuscan Bean Soup Mix

You know you love it! For sale in the office and at the Annual Meeting. \$8 a bag or 2 for \$15.

IT'S O-H-H SO GOOD!



Telephone and Computer Scams

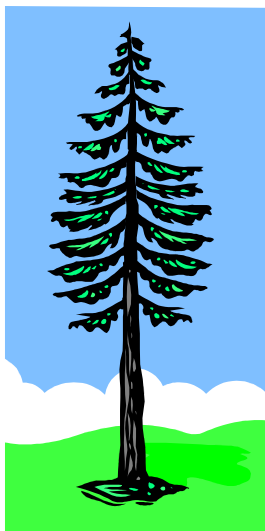
Be careful! Be aware!
And if something seems too good to be true, it probably is!

As always, thanks go out to the Northport Highlands for the office space they so kindly provide SC!



It's not easy being green...

—Alison Heins (228-7029 or aheins17@gmail.com)



After your last breath, then what? Many of us want to "go out green", but as Kermit the frog told us long ago, it isn't easy. We are all familiar with ecological cycles, birth to life to death and decay. In our culture, it's death and decay that makes us squeamish and so we tend to avoid discussing it. Do you have a plan, a desire, or an intention for your final disposition? If so, have you discussed it with your family and friends?

Michigan's funeral laws are among the most restrictive in the U.S. Come and learn about your rights, the restrictions, and how you might work the system to end up in the most eco-friendly manner.

Date: Monday, May 23, at 7 pm

Location: Maple City area (contact Alison for directions)

Note: My deepest apologies, but the meeting site requires being able to navigate a spiral staircase. If you are unable to attend the meeting, but would like information, please call me.