



Feb-March 07

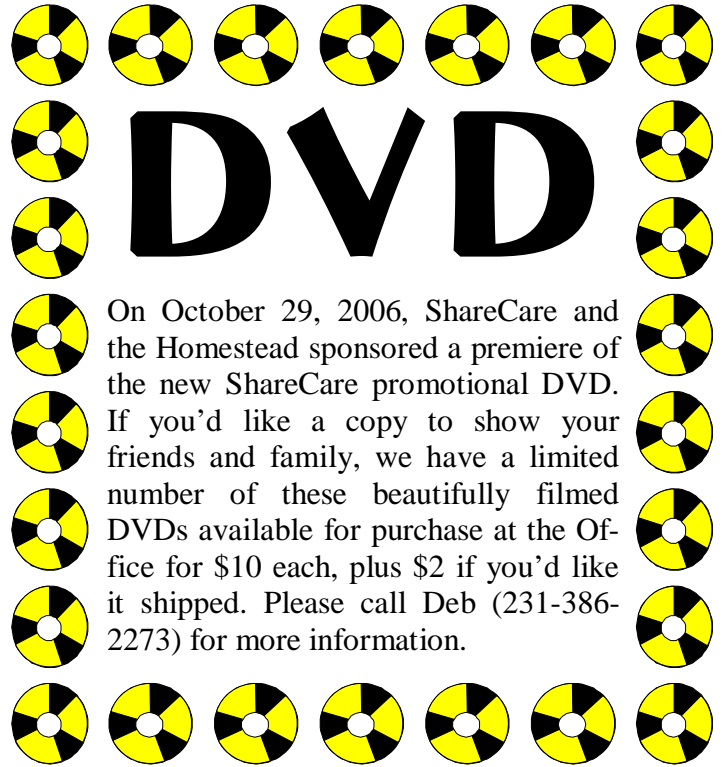
ShareCare™ of Leelanau, Inc. *Connector*

Neighbors helping neighbors—Promoting independent living in members' homes.

POB 153 ♦ Northport, MI 49670 ♦ 231-386-2273 ♦ info@sharecareleelanau.org ♦ www.sharecareleelanau.org

Merry Marketplace

To all of you who made goodies, and/or worked at the Merry Marketplace THANKS for making it another great success! With your help, and despite the huge amount of snow that fell on the day before the Marketplace, ShareCare raised over \$2000 from the fundraiser.



On October 29, 2006, ShareCare and the Homestead sponsored a premiere of the new ShareCare promotional DVD. If you'd like a copy to show your friends and family, we have a limited number of these beautifully filmed DVDs available for purchase at the Office for \$10 each, plus \$2 if you'd like it shipped. Please call Deb (231-386-2273) for more information.

Volunteer Stats for 2006

As ShareCare finishes another terrific year, I'd like to share with you the reported miles and hours for our volunteers in 2006. I stress the word "reported" here, as I know that as "Neighbors Helping Neighbors" you take care of each other on a daily basis and may not think to call in the hours.



I know you already know it, but I have to say again that ShareCare's success relies heavily on its volunteers' generous gift of time, so on behalf of anyone who has used or will use ShareCare's volunteers, I'd like to extend a huge thank to the volunteers. Volunteers, keep up the good work in 2007. —Deb



Driver Miles	Driver Hours	Meal Hours	Respite Hours	Friendly Visitor Hours	Handyman Hours	Lawn Care Hours
9280	503	35	43	78	86	6

Medical Charter Flights

If it just occurred to me that it may be hard for some of you to fly on a commercial airline these days. Or maybe your immune system is compromised and you should avoid the crowds at the airport.



I have been researching the idea of chartering a plane for just such occurrences. A couple of companies I found that do medical transports have no cost involved, but are needs-based. But I was thinking that if a charter flight was a better option for you, the cost of chartering may be worth it. Surprisingly, in some cases the cost may be similar to commercial flights, especially if your reservations were made at the last minute. If your reservations are last minute, charter flights might require less notice. All of the companies I talked to stated that the passengers must be ambulatory.

If you'd like a complete list of companies that charter airplanes, check the yellow page, but if you'd like to talk to me about what I have on file, please call the office. —Anne

The ShareCare Library

Here is a sampling of the books and videos available in the ShareCare Library. Please feel free to stop by or call the office to see if we have something helpful for your current needs.



Books-Pamphlets

- Remarkable Recovery (Hirshberg)
- Helping Yourself Help Others (Carter)
- Macular Degeneration (Mogk)
- Difficult Conversations (Stone)
- Coping With Prednisone (Zukerman)
- Is It Alzheimer's? (Alzheimer's Assoc.)
- The Competent Caregiver: A Guide to Hiring Care in the Home Independently (Ducasse)
- Caring for the Caregiver (Parke-Davis)
- Fifty to Forever (Downs)
- I Am Not Ready To Die Just Yet (Brower)

Videos

- Insomnia (Time Life Medical)
- Back Pain (Time Life Medical)
- High Blood Pressure (Time Life Medical)
- Breast Cancer (Time Life Medical)
- Coronary Artery Disease (Time Life Medical)
- Communication: Alzheimer's (Healing Arts)
- Survival Tips for New Caregivers (AARP)
- Fight Back With Nutrition (Alliance for Nutritional Care)
- Roadwise Review: A Tool to Help Seniors Drive Safely Longer (AAA)

Note Cards

With so many folks having switched from hand written to computer written notes Anne and Deb are guessing that some of you may have boxes of note cards that are cluttering up your desk. Our supply of note cards is running low, so your donated note cards would be very much appreciated. Feel free to drop them off at the office or call to have them picked up. Thanks!



Welcome New Members

Henrietta Barnes, Northport
Walter & Lorraine Cramer, Leland
Howard & Elaine MacKenzie, Glen Arbor

Thanks Ann!



It's sad, but true... We have to say good bye to Suttons Bay Co-Captain Ann Gregory who is retiring. Ann is hugely busy and to simplify her life, she's attempting to wiggle her way out of some of her undertakings. Thanks to Ann for all she's done.

The Suttons Bay area still has two Co-Captains, Barb Coye (271-6104) and Pat Vingsness (271-6867). Feel free to call them for help in your neighborhood, or you can call Deb at the office.



Board Minutes—November 15, 2006

Treasurer's Report: J. Fenton

- Memberships and contributions are up over budget. Year end contributions are anticipated
- Expect to end the year about \$30,000 in the red
- Health insurance costs have risen dramatically
- Advertising expenditures are up, mostly due to CD production and Gala Premiere
- K. Johnson will be acting treasurer during November – February while Fenton is away

Staff: D. Wetherbee announced that Effie's donated a flu shot for A. Kelly. Kelly reported that Effie's has invited a Leland member who may be alone for Christmas to join them for Christmas dinner.

Volunteer Committee: Met last month. A. Cermak and A. Gregory have resigned as regional Co-Captains. C. Towne will replace Cermak in Region 1. Region 2 is okay with two remaining Co-Captains.

Annual Luncheon: P. Bardenhagen is willing to open the Steak House again for us. We hope that M. Hadjisky will chair this event; J. Egeler will call to confirm.

Finance Report: T. Evans

- A new credit card policy was reviewed and accepted as written. Fenton's name (as treasurer) is on the account.
- Evans described highlights of the 2007 budget. The \$38,700 difference between income and expenses will come from our reserves. The 2007 budget reflects a 14% increase over the previous year. Based on experience, the allotment for

advertising needs to be increased.

- Egeler reported that the year-end solicitation letter is in the mail.

Merry Marketplace: J. Lamneck and Cermak are serving as co chairs. Times are: Friday set up 3-6 p.m. Saturday 8-4, opening at 9:30. Although baked goods are discouraged, Cermak pies are always welcome!

DVD Issues: Discussion of the DVD focused on main aspects: unanticipated expenses, and how it would best be used. Concerns over expenses led to recognition of the need for a new gifts policy. K. Marsh will chair a committee to develop the gift policy, assisted by Evans, A. Heins, A. Deibel and Egeler.

Anticipated uses of our DVD are:

- For promoting Share Care locally
- For members to purchase for their families (to reassure them that Share Care is there in times of need!)
- For other organizations to emulate if they desire to initiate a similar service.

Agreed unanimously that DVD sales should not be the focus of a fundraiser; rather as a promotional tool for us to use without charge. After considerable discussion it was decided that the DVD may be sold to ShareCare members at \$10 per disk, and to outside individuals or groups for \$25. Egeler will check with Glen Peterson (producer) to see if we have any copyright issues. The Marketing Committee will explore ways to incorporate the DVD into their efforts.

Non-Profit Org.
US Postage
PAID
Northport, MI
49670
Permit No. 45



ShareCare of Leelanau, Inc.
PO Box 153
211 S. High Street
Northport, MI 49670

The Toy House

Location: Sitting back from the road on a gentle hill overlooking cherry orchards, a winding road and rolling hills, The Toy House provides a secure and loving environment where seniors can live in comfort while enjoying dignity and independence.

Living at The Toy House: In addition to Fran and Bob, The Toy House can accommodate six seniors. All bedrooms are private with half baths. Meals are provided family style and served informally in the dining room. Individual and group activities are a regular part of living at The Toy House. Residents are encouraged to be as active and independent as possible. Family members and friends are welcomed and encouraged to visit frequently.

Support Services: Excellent medical care, ancillary services, and health care facilities are accessible within minutes of The Toy House.

History: The Toy House, an adult foster care home with a family name, was established by the Jelineks and licensed by the State of Michigan during the summer of 1995. Previously, Fran, who is a licensed practical nurse, and Bob owned and operated a very successful retirement home for seniors near Bad Axe, Michigan. A desire to be close to family and to live in Northern Michigan resulted in their relocation to Suttons Bay.



231-271-5301

THE TOY HOUSE

a small

RETIREMENT HOME

Bob & Fran Jelinek
Owner Operator & LPN

1990 North Setterbo
Suttons Bay, MI 49682

2002 Governor's Quality Care Award Winner