



August-September '07

ShareCare™ of Leelanau, Inc. **Connector**

Neighbors helping neighbors—Promoting independent living in members' homes.

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The Merry Marketplace



Not that we want to wish away the terrific summer and fall weather that is yet to come, but it's time again to start thinking about the annual Merry Marketplace, an annual event where organizations and merchants rent booths in order to sell things to Christmas shoppers. Not only is this festival one of ShareCare's major fundraisers, but it gives us a public presence and an opportunity to display the remarkable talents of our members.



- **When:** December 1, 2007
- **Where:** Old Art Building in Leland
- **Drop off times:** Any time prior to December 1
- **Drop off points:** ShareCare Office or call for a pickup
- **What's needed*:** knitting, stitching, crafts, woodworking, pottery, fine art, photos, jams & jellies, draft stoppers, dried soup mixes...
- **Pricing:** It'd be REALLY helpful to have you price your items
- **For more info:** Please call or Deb at the SC Office (386-2273)

**Please note that, in general, the Merry Marketplace is not considered a bake sale or yard sale*

Welcome New Members

Anita & Porter Abbott, Northport
Melissa (Lisa) Conroy, Leland

Resources for Older Drivers

Some of you may have parents or friends whose driving worries you. If so, it would be helpful for you read an article we have in the office from The Summer 2007 issue of the Nursing Spectrum and NurseWeek Specialty Guide. In the article written by Patricia Russo-Meck, RN and Arlen Orhon Jech, RN they give suggestions such as, planning activities during daylight hours, not taking long trips, and finding alternate types of transportation. Below are some references listed in the article:

- LePore PR. *When You Are Concerned: A Handbook for Families, Friends, and Caregivers Worried About the Safety of an Aging Driver*. Albany NY: New York State Office for the Aging; 2000.
- *Is it time to get off the road?* Harvard Health Letter 2002; 27(8): p 1-3
- R. Sherer. *Older drivers on the road: how can we insure their safety?* Geriatric Times Website. www.geriatrictimes.com/g001204.html. Accessed January 24, 2007
- AARP Driver Safety. www.aarp.org/families/driver_safety
- National Highway Traffic Safety Administration. www.nhtsa.dot.gov/people/injury/olddrive/booklet.html
- Automobile Association of America (AAA). www.seniordrivers.org/home
- Association for Driver Rehabilitation Specialists www.driver-ed.org
- The Alzheimer's Association. www.alz.org

We have some of the articles in the office, and some can be found on the Internet, but please don't hesitate to give us a call for help with this issue. —Anne Kelly

Every Little Bit Helps!
 One of our members recently asked us how many younger members we have (wanting to make sure that there would be plenty of member-volunteers when she and her husband can no longer volunteer). Rest assured that we have a lot of members still willing and able to volunteer. Roughly, here is a breakdown of the current ages of our members:

Age	Number of members
Under 60	15
60-65	19
66-70	47
71-75	49
76-80	57
81-85	63
85-90	51
Over 90	19

This does however, bring up a couple of things you, as members, can do to increase ShareCare's visibility and help the Marketing Committee increase our membership.

1. Take some of our beautiful new brochures to your doctors' offices, your church and social settings.
2. We have a wonderful DVD that tells all about ShareCare, in about 15 minutes. Asking several of your friends and neighbors to come over for coffee, cookies and a viewing makes for easy entertainment! Call the office to borrow the DVD, and if you don't have a DVD player, we have Board members who are willing to provide equipment and/or support.

Please call the Office for an information packet and supplies for either of the above suggestions.

Bye-bye. See you in the Spring!



Before you leave this fall, please give the office a call (386-2273) to say when you'll be back in 2008. Knowing where to send things in the spring will be helpful.



In Fond Memory

Hermione Swartz, Suttons Bay
Andy Anderson, Leland
Walter Cramer, Leland

Board Minutes—June, 2007

Treasurer: Fenton presented reports for April and May. Income from dues and Fees increased to over \$35,000 in May. Contributions are up. The regular unique donation from a ShareCare member, \$5,000, was received in May. The report was accepted as presented.

Finance: Evans explained that our payroll is managed by Munson Home Health Care Services, which increased the staff's pension contributions from 2% to 3% of salary, without informing us. The Executive Committee approved the increase for 2006.

Fundraising opportunities:

- Northport Harbor Days on June 30 and July 1, helping to staff a booth from 4-10 p.m. After much discussion, it was decided this was not worth our while.
- Homestead Golf Outing, August 16th. All proceeds benefit ShareCare, so help is needed to promote this.

Staff Reports: Wetherbee and Kelly were pleased to report that they found a caregiver for a spouse needing 24-hour care within 15 minutes of the request!

Egeler suggested we find a way to recognize our care givers. The Personnel or Volunteer Committee might work on this.

Committees: Corrections to the new list were voiced. Membership/Marketing needs more members. Volunteer Services met in April, and will meet again in the Fall.

Marketing: Lewis gave us a "video moment" on his new Epson DVD player and projector unit. He offered this equipment for ShareCare presentations, whenever needed.

Marketing decided to use home based gatherings of friends, as the Deibels have done, to present the video during the summer. There will also be presentations at the OTYC next week, and later at Npt. Highlands and at the Mays' Barn.

Policy: Met several times and is in the process of putting all policies uniformly formatted, under one cover. This should be ready for the next Board meeting.

Other Matters: Egeler passed around some gorgeous wooden pens crafted by her brother in law, who is ill and has struggled with depression, illustrating how a shift in focus can turn around a person's outlook.

Landes will chair the Annual Meeting in 2008.

Tonneberger will chair the Senior Expo in 2008

Heins mentioned that a group in the Seattle area is forming an organization modeled on ShareCare, and that the sharing of information back and forth is valuable. All agreed!

3rd Annual Golf Outing Hosted by:

The HomesteadSM
AMERICA'S FRESHWATER RESORT

Wood Ridge Road—Glen Arbor, MI

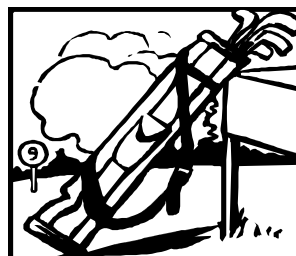
ALL proceeds benefit
ShareCare, so please plan
to attend. Invite your
friends and neighbors too!

- Thursday, August 16th—
Advance tee times recommended
- 9 holes of golf, cart & prizes
- Tee offs begin at 9 AM and go
until 6 PM
- Plan to arrive 10 minutes before
tee time to get your goody bag!
- Food & beverages available
for purchase
- \$25 per adult

Please call The Homestead for a tee time.

If you'd like to sponsor a hole, the cost is \$150. Please contact The Homestead For more information.

2 Miles North of Glen Arbor on M-22.



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